

# ANIMAL RESCUE LEAGUE of BOSTON



\*\*\*NEWS RELEASE/PHOTO OP\*\*\*

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## **ARL Brewster Caring for Diabetic Cat**

*Cases of diabetes rapidly rising nationally – link to pet obesity*

Diabetes is the second most common endocrine disease in cats, and the Animal Rescue League of Boston (ARL) has seen several cats afflicted with the disease over the past year – recent statistics also indicate the number of cases are rapidly increasing – partly due to pet obesity.

Cow, an 11-year-old male cat, was recently surrendered by his owner. His exam revealed minor dental disease and the cat was overweight. However, his blood work revealed a glucose level of 520 – anything over 170 is considered high. Additionally, Cow's triglyceride levels measured 708, substantially higher than the recommended range of 25-160.

ARL's shelter medicine staff is continuing diagnostic testing, instilled dietary changes and this week conducted a fructosamine test, which will determine how the animal's body is regulating blood glucose levels over a 2-3 week period.

Cow will be placed into foster care, and will be on a regimen of insulin injections twice a day, 12-hours apart, and after eating. Cow is also on a strict diet of wet and dry food specially formulated for managing diabetes. **He is currently at ARL's Brewster Animal Care and Adoption Center awaiting placement in a foster home.**

Despite the diagnosis, Cow will have a good quality of life, his new owners will simply have to be diligent about follow-up veterinary care and ensuring insulin is administered as prescribed.

Approximately half the cats diagnosed with diabetes can achieve remission if the disease is treated promptly – cats in remission may be able to stop insulin entirely as well.

Diabetic symptoms vary and in addition to increased thirst and decreased activity, other signs include:

- Weight loss
- Change in litterbox habits
- Appetite swings
- Vomiting
- Unsteady gait
- Overall poor health

More than half the cats and dogs in the U.S. are overweight, and as long as pet obesity continues to be an issue, the number of diagnosed cases of diabetes in our pets will continue to rise. ARL encourages pet owners to strictly monitor their animal's diets, limit treats and take action if a pet begins to gain or lose weight rapidly.

**Photos of the cat are attached and ARL staff are available for further comment at your convenience.**

**ABOUT THE ANIMAL RESCUE LEAGUE OF BOSTON:**

*The Animal Rescue League of Boston (ARL) is an unwavering champion for animals in need, committed to keeping them safe and healthy in habitats and homes.* Founded in 1899, ARL provides high quality veterinary care, adoption, and rescue services; while also confronting the root causes of animal cruelty and neglect through innovative community programs, police investigations, and public advocacy. In 2017, ARL served more than 18,000 animals throughout Massachusetts. ARL is a non-profit 501(c)3 organization. We receive no government grants or public funding and rely solely on the generosity of individuals to support programs and services that help animals in need.

For more information please visit us online at [www.arlboston.org](http://www.arlboston.org); and be sure to follow us on [Facebook](#), [Twitter](#), and [Instagram](#).

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