

**ANIMAL
RESCUE
LEAGUE
of BOSTON**



A champion for animals

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For Release on:

August 11, 2025

Animal Rescue League of Boston Gives Tips to Protect Pets in Extreme Heat

Massachusetts braces for third major heatwave of season

With temperatures soaring over the next few days, the Animal Rescue League of Boston (ARL) is reminding pet owners to take steps to keep pets safe as we experience extreme weather conditions.

Keep your pet safe and healthy by following these important basic guidelines:

- Prevention is always your best bet. Whenever possible, leave your pet at home in a cool, low-humidity, and temperature-regulated room.
- If your pet must be outdoors, find a shady spot with ample air flow to prevent overheating.
- Hydration is key, so keep a bowl of cold water accessible at all times.
- Limit exercise to the morning or evening hours when temperatures are at their coolest. Aside from the heat, the high humidity can cause respiratory issues for animals, particularly short-snouted animals (e.g., pugs).
- When the temperatures rise, it's [Too Hot for Spot®](#)! Never leave your pet alone in a parked car -- even with the air conditioner on or the windows cracked.

It is illegal in Massachusetts to keep an animal confined in a vehicle during extreme hot or cold conditions, and when a weather advisory is issued, it is also illegal to keep dogs tethered for

longer than five hours in a 24-hour period. Dogs also cannot be tethered outdoors between 10 PM and 6 AM, unless for not more than 15 minutes and when the owner/keeper is present.

See an animal that is in imminent danger or distress? If so, contact your local animal control or police department immediately.

For more summer pet safety tips, visit arlboston.org/too-hot-for-spot.

ABOUT THE ANIMAL RESCUE LEAGUE OF BOSTON:

Pets are family. This belief is at the heart of everything we do at the Animal Rescue League of Boston. ARL is the first female-founded animal welfare organization in Massachusetts and is proud to carry on a legacy of kindness and compassion, helping more than 20,000 animals annually since 1899. Recognized for innovative, award-winning programs that go beyond sheltering, ARL addresses the root causes of the issues facing animals and the people who love them. By partnering with communities, ARL helps animals heal and thrive, keeps pets and people together, and protects animals from harm. Because there is no government funding for this important work, animals must rely on people like you to get the care they need, when they need it most, 365 days a year. For more information, visit arlboston.org and follow ARL on [Facebook](#), [LinkedIn](#), and [Instagram](#).

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